

AGE-FRIENDLY ACCESSORY DWELLING UNITS /ADUs:

Standard accessibility features:

- No-step entry
- Wider doorways—at least 32 inches
- Curbless shower with safety bar
- Lever handles for doors

Age-friendly features:

Safety/Comfort:

- Avoid upper cabinets in the kitchen
- Drawers in lower cabinets
- Outlets at 18 inches
- Electric appliances
- Heat pump
- Wall framing to accommodate railings in future
- Wall-hung sink (instead of vanity) for more maneuvering space
- Comfortable chair in bathroom/ *Shower stool*

Connection:

- Windows: easy to access, easy to open
- Storage: optimize use, easily accessible, and specific throughout the home

Delight:

- “Functional” colors (i.e.: red toilet seat,)
- Built-in wall shelves to display collections, photos, books, etc.
- Hand-held shower head—weight, spray, grip

I believe in choice: Make sure the ADU design supports your passions. Whether it's gardening, reading, or crafting, you can have it all—even in a compact space

AT HOME
WITH
GROWING
OLDER

Something to
Write Home About

